

Wisdom of the Dalai Lama

At the end of the talk someone from the audience asked the Dalai Lama, “Why didn’t you fight back against the Chinese?”

The Dalai Lama looked down, swung his feet just a bit, then looked back up at us and said with a gentle smile, “Well, war is obsolete, you know.”

Then, after a few moments, his face grave, he said, “Of course the mind can rationalize fighting back... but the heart, the heart would never understand. Then you would be divided in yourself, the heart and the mind, and the war would be inside you.”